Internships

#hawksflyhire

stories of one true thing

Career Resource Center
Humanities 105
845-257-3265
careers@newpaltz.edu
@npcareers
The path toward the world of work is filled with many options: **internships, applied learning, fellowships, work, volunteering**...There is no wrong way to gain real-world experience for career-readiness. The decisions you make now contribute to a career that is unique to you—that’s why **hands-on** experience is so valuable.

Here’s what we know:

1. **When SUNY New Paltz students get out there & give their all, they fly higher.**
2. **At the heart of student success is a willingness to seek out opportunities.**

It can be hard to know where to start.

**Take your first steps with the Career Resource Center.**

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#hawksflyhire
Elisabeth

One True Thing

Not being afraid to talk is one of the most important things. Go for what you want, honestly—that’s what I’ve learned. And that’s what I’m going to try to keep doing to get my career.

Elisabeth B. ’20
Major: Public Relations | Hometown: Bronx, NY
One True Thing
I wanted to learn outside of the classroom & take the skills I gained & put them to use. I learned about the internship at the Career Fair on campus. I feel like people are scared of the Fair, but honestly, it just helps so much. As you go on, each step gets easier & there are people to help you every step of the way.
One True Thing
Having an internship at Mohonk definitely confirmed my path: I realized that I’m in the right field & I know what I want to do. I couldn’t think of any better way to achieve this knowledge.
Kelsie Dougherty ’20

Major: International Business & Management | Hometown: Bayport, NY

One True Thing
I never thought about how important networking is—asking questions about someone’s occupation & then finding a place for yourself. It's really about being your best advocate.

Internship
RACHEL RILEY, INC. NEW YORK CITY

SCHOOL OF BUSINESS
One True Thing

I really wanted to sink my teeth into the major. I had been taking all of these classes & decided that I wanted to DO something and apply my knowledge as a clinician & service provider. With my first client I was nervous but realized, Oh, this is another person I am working with. They aren’t here to criticize me—we’re working together.
One True Thing
It was such a big experience for me, and it’s hard to say what it means in just a few small sentences. But I think one thing I learned is to be really intentional about all the aspects of design—the colors you choose, the typography you use—because every little thing has a meaning.
Isabella

One True Thing
At New Paltz, we are able to take what we have here & turn it into something bigger. I took the 6:30 am bus to NYC 3 days per week; it's what I had to do. You're going to graduate & you need experience. If you keep pushing yourself, you can make it happen.

Internships
Viacom—MTV/VH1, Current Series Development
NBC/Universal—Bravo, Creative Development & Production
Daddy-O Productions, Production Management
Production Resource Group, Scenic Technology Rotational

Isabella Boccosino ’20
Major: Contract Major: Entertainment Management and Leadership
Hometown: Brooklyn, NY
Winston Okpalanma ’20
Major: Computer Science | Hometown: Bronx, NY

One True Thing
I pushed myself to be in environments where I am not the smartest person in the room. By doing this, I have put myself in a position to succeed & grow. You cannot let society define your goals or your work—we need to realize our power. It is possible for each & every one of us to impact the world & make change.

Internships
CODENOW, CODING FELLOW
KIPS BAY BOYS & GIRLS CLUB, COMPUTER ACTIVITY SPECIALIST

SCHOOL OF SCIENCE & ENGINEERING
Samantha Mazzella ’19
Major: Early Childhood and Childhood Education, B-6, English
Hometown: Highland, NY

One True Thing
This experience has changed the connections I thought I would have with my students; I learned so much from them. You aren’t just teaching them academically. You are teaching them to become global citizens—to be good people who are going to take the world to better places.

International Student Teaching
STUDENT TEACHER, MOOLOOLABA STATE SCHOOL, QUEENSLAND, AUSTRALIA

#hawksflyhire
One True Thing
Go for positions that scare you &
incorporate a little bit of yourself
& your passions into each position.
My preferred way of learning is
hands-on experience, being on my
feet in the field. Working in different
environments helped me to know
what suits me & what to look for
after graduation.

Internships
SOJOURNER TRUTH LIBRARY,
SOCIAL MEDIA
PROSPER DIGITAL TV,
VIDEO PRODUCTION
A&E TELEVISION NETWORKS,
INTERNATIONAL PROGRAMMING

Jo Garcia '20
Major: Digital Media Production | Hometown: Bronx, NY